



Reach out today to discover how No.A.H. can be integrated into your operations.

Let us help you take the vital step towards enhanced maritime safety and efficiency.

Dr. Philip Sotiriades, CEO TMA

**Tailored Solutions for Every Vessel:**

Each ship has its own character, each crew, its own needs. We tailor our telemedicine solutions to fit the specific requirements of your maritime operations, covering everything from routine care and emergency responses to comprehensive chronic disease management.



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# Sail Smarter, Spend Less Ai-Driven Medical Solutions

by No.A.H.

## Innovate, Navigate, Heal: Ai at the Helm of Maritime eHealth



EMPOWERING WELLBEING IN SHIPPING WITH

# Posidonia Special Offer

UPON SERVICE CONTRACT WE WILL PROVIDE



**Free Tablet**  
with No.A.H.  
Ai Application



**Savings up to 40%**  
on crew  
insurance



## Comprehensive Care Delivered through Compact Solutions

### Advanced Portable Telemedicine Kit:

Our portable telemedicine system is more than just equipment; it's a lifeline. Designed for comprehensive diagnostics including blood pressure monitoring, ECGs, spirometry, and advanced imaging like radiography and ultrasound, these tools bring hospital-level care to the maritime setting. Each kit is robust, user-friendly, and requires minimal training, ensuring readiness and reliability.



OPTIONAL HARDWARE

## Why Choose No.A.H.?



### Certified Excellence:

Our services are bolstered by prestigious certifications from Inmarsat and CISCO. Compliance with international standards such as ISO 9001, ISO 13485, ISO 27001, and GDPR guarantees the highest levels of service quality and data security.



### Expert Care, Anytime, Anywhere:

With 24/7 access to 22 medical specialties, our global network of medical experts provides your crew with the right care at the right time, regardless of your location.



## How it works in 5 simple steps

- 1** All the collected medical data of a seafarer is transmitted quickly and securely to the Private Cloud of No.A.H.'s Telemedicine system.
- 2** A TMA coordinator receives the medical case and transfers the collected medical data to the corresponding specialized doctor.
- 3** 22 medical specialties operate on a 24/7 basis, providing continuous support to the network.
- 4** There is always the option for live video communication through the TMA system's teleconferencing, in real-time, between the patient or caregivers and the doctor, allowing the patient to receive specialized medical advice and care from the appropriate doctor for the case.
- 5** If it is deemed medically necessary for a seafarer who has suffered an illness or accident to be hospitalized or repatriated, the Shipowner/ Manager, as provided by industry-specific (MLC 2006), individual, or collective employment agreements, is hold liable for providing compensation for Death, Disability, Sickness Wages, Hospitalization and Outpatient Expenses, as well as Replacement and Repatriation expenses all are covered from the Insurance company.

## Integrated Medical Devices

DESIGNED FOR MARITIME USE



**Telephonic Stethoscope:**  
Hear and diagnose with clarity even across the seas.



**12-Lead EKG:**  
Comprehensive cardiac monitoring to ensure heart health.



**Vital Signs Monitor:**  
Continuous monitoring for critical insight into crew health.



**Contact Doctor TMA for expert medical support anytime, anywhere.**

- ✓ **Immediate Assistance:** Access to 15 medical specialties available 24/7.
- ✓ **Expert Care:** Qualified professionals respond on the first call.
- ✓ **Medical Records Management:** Specialized in handling medical reports and diagnostics for personal injury claims.
- ✓ **Multilingual Support:** Assistance in 12 languages including Bulgarian, Arabic, Greek, and more.

## Tangible Benefits for Maritime Companies:

- ✓ **Minimize Downtime:** Swift, on-board diagnostics and immediate treatment recommendations drastically reduce the need for port calls and crew downtime.
- ✓ **Reduce Costs:** Dramatically cut costs associated with medical diversions and onshore visits. Evidence from a large sample of 23,299 commercial ships shows that No.A.H. could prevent one in five ships from diverting course for medical reasons, potentially saving the industry \$168 million annually.
- ✓ **Crew Safety and Morale:** Reliable and immediate medical care enhances crew morale and operational safety, crucial for long voyages.